FOCUS in EDUCATION GROUP

CURRICULUM OVERVIEW

A PK-12 comprehensive approach to student well-being

Eight units develop essential skills for learning, relationships, and life.

01 CONNECTIONS

Basic Needs | Self- Awareness
Connection & Belonging

02 PHYSICAL WELL-BEING

Safety | Healthy Habits | Self-Care

03 SOCIAL WELL-BEING

Kindness | Communication
Collaboration | Conflict

04 EMOTIONAL WELL-BEING

Emotional Regulation | Stress
Happiness | Gratitude

05 MENTAL WELL-BEING

Growth Mindset | Self-Compassion
Goals | Self-Efficacy

06 ACADEMIC WELL-BEING

Critical Thinking | Problem-solving
Executive Function | Feedback

07 CHARACTER & CITIZENSHIP

Integrity | Responsibility
Leadership | Resilience

08 COUNSELOR LESSONS

Grief | Suicide Prevention | Anxiety
Vaping | Attendance

BEHAVIOR SERIES FOR CHALLENGING BEHAVIORS

Eloping/Bolting | Aggression | Defiance
Impulsivity | Tantrum Throwing