CHARACTER TRAITS

Adaptable



Brave



Citizen



Collaborator



Communicator



Creative



Critical Thinker



Curious



Dreamer



Goal Setter



Grateful



Growth Mindset



Happy



Healthy



Honest



Humble



Kind



Loves Learning



Perseverant



Problem Solver



Respectful



Responsible



Self-Control



Wise



© In Focus Education Group



Adaptable

Able to change easily when things around you change

Fold Along Line



DISCUSSION QUESTIONS

- When have you had to change your plan and find a new way to fix a problem?
- What is something new you tried that helped you grow?



Brave

Doing the right thing or trying something new, even when you are scared

Fold Along Line



DISCUSSION QUESTIONS

- What is something new you tried even though you felt nervous?
- What is a brave choice you can make when something feels difficult?



Citizen

Someone who is part of a group or community

Fold Along Line



DISCUSSION QUESTIONS

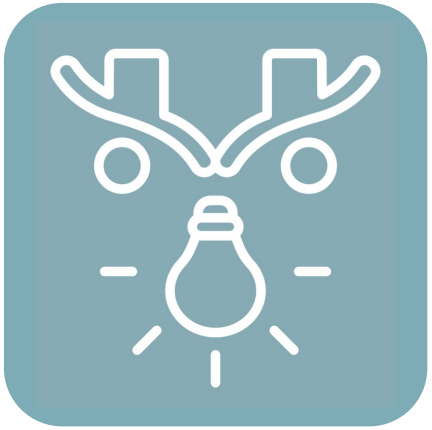
- How can you help make your school or neighborhood a better place?
- Why is it important to care about others?



Collaborator

Works well with others
to finish a job

Fold Along Line



DISCUSSION QUESTIONS

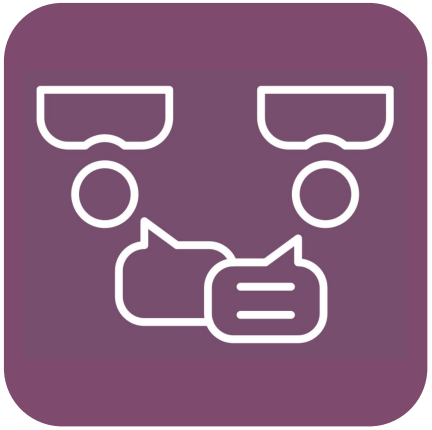
- How can you help your group work together?
- Why is it important to listen to everyone's ideas?



Communicator

Shares ideas and facts with others

Fold Along Line



DISCUSSION QUESTIONS

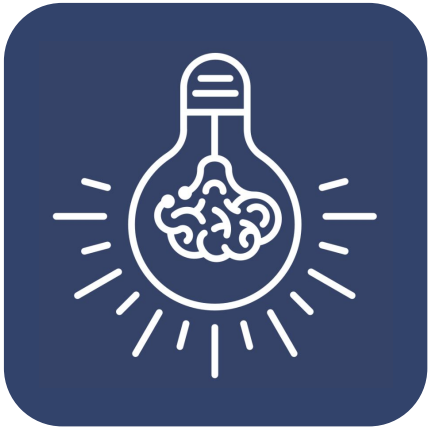
- Why is listening important when someone is talking to you?
- How can your words make someone feel?



Creative

Thinking of new and smart ways to solve problems or make things

Fold Along Line



DISCUSSION QUESTIONS

- How can trying something new help you grow?
- How can creative thinking help you solve everyday problems?



Critical Thinker

Looks carefully, asks questions, and tries to understand things

Fold Along Line



DISCUSSION QUESTIONS

- How can you find out if something is true?
- What questions can you ask when you want to learn more?



Curious

Asks questions to know and learn, or to try something new

Fold Along Line



DISCUSSION QUESTIONS

- What is something you wonder about?
- What have you learned by asking a question?



Dreamer

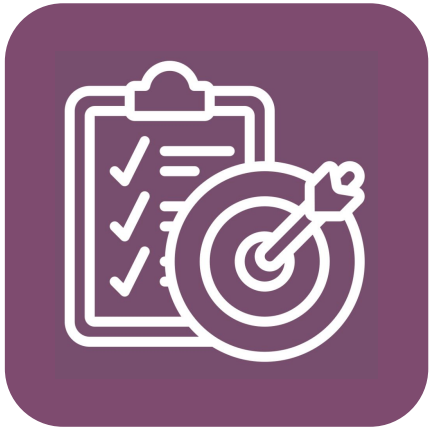
One who thinks about what could happen or what they could create

Fold Along Line



DISCUSSION QUESTIONS

- What is one dream you have for yourself, and why is it important to you?
- How can your ideas make the world a better place?



Goal Setter

Someone who plans what they want to do and then does it

Fold Along Line



DISCUSSION QUESTIONS

- What is a goal you are working toward?
- How do you feel when you reach a goal?



Grateful

Feeling thankful for what you have and for what others do for you

Fold Along Line



DISCUSSION QUESTIONS

- What is something you are thankful for today?
- How can you show gratitude without buying a gift?



Growth Mindset

A belief that you can grow and get better

Fold Along Line



DISCUSSION QUESTIONS

- How can mistakes help you learn and become better?
- What is something you can do now because you practiced and kept trying?



Happy

A warm, good feeling inside

Fold Along Line



DISCUSSION QUESTIONS

- What are some small things that bring warmth and happiness to your day?
- How can showing kindness to others create feelings of happiness?



Healthy

Taking good care of your body

Fold Along Line



DISCUSSION QUESTIONS

- What are some ways you can take care of your body?
- Why does your body need rest, food, and movement?



Honest

Telling the truth in what you say and do

Fold Along Line



DISCUSSION QUESTIONS

- What does it mean to tell the truth?
- How can your actions show honesty?



Humble

You know you cannot do everything by yourself and that it is okay to ask for help

Fold Along Line



DISCUSSION QUESTIONS

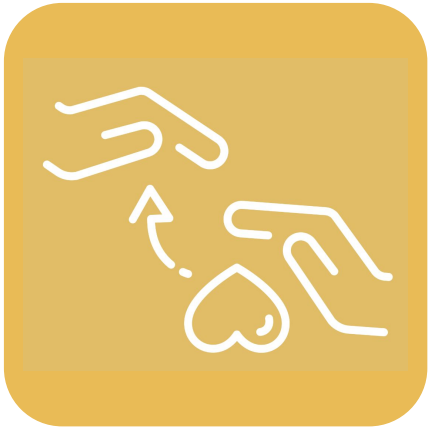
- Why is it okay to ask for help?
- What is something you were able to do because someone else helped you?



Kind

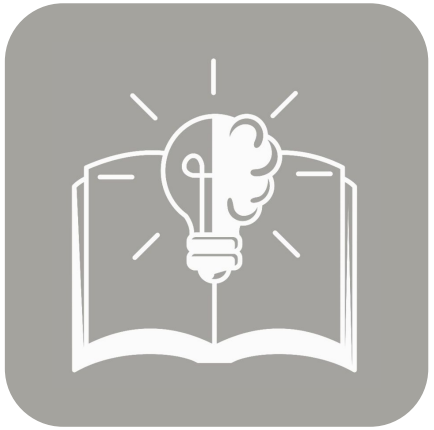
Doing and saying nice things, being a good friend

Fold Along Line



DISCUSSION QUESTIONS

- What is one kind thing you can do for someone today?
- How can your words make someone feel good?



Loves Learning

Likes to learn more about new things

Fold Along Line



DISCUSSION QUESTIONS

- Why is it important to keep learning new things?
- How can books, people, and experiences all help you learn?



Perseverant

Keeps trying, even
when things get hard

Fold Along Line



DISCUSSION QUESTIONS

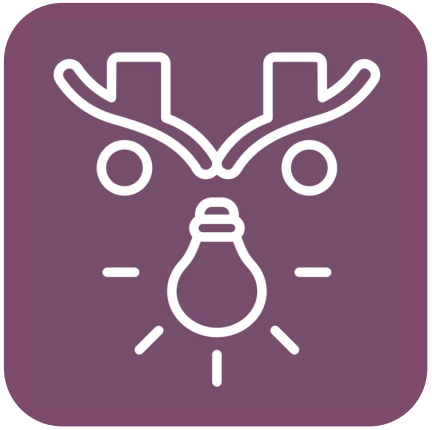
- What do you say to yourself when you want to give up?
- What helps you keep trying when something is hard?



Problem Solver

Shares ideas, makes plans, and finds new ways to solve problems

Fold Along Line



DISCUSSION QUESTIONS

- How can talking with others help you solve a problem?
- What can you do when you have a problem?



Respectful

Treats others with kindness, celebrates how we are the same and different

Fold Along Line



DISCUSSION QUESTIONS

- How can you show respect through your words and actions?
- How can you show respect for people who are different from you?



Responsible

Doing the things you need to do

Fold Along Line



DISCUSSION QUESTIONS

- What is something you are responsible for?
- How can you show someone they can count on you?



Self-Control

Staying calm so you can make good choices, even when it is hard

Fold Along Line



DISCUSSION QUESTIONS

- What can you do when you feel angry, frustrated, or overwhelmed?
- How can you practice self-control when you are excited or do not want to wait?



Wise

Thinks before acting and makes good choices

Fold Along Line



DISCUSSION QUESTIONS

- Why is it important to think before you act?
- How can you tell if a choice is a good one?

CHARACTER TRAITS

Adaptable



Brave



Citizen



Collaborator



Communicator



Creative



Critical Thinker



Curious



Dreamer



Goal Setter



Grateful



Growth Mindset



Happy



Healthy



Honest



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Kind



Loves Learning



Perseverant



Problem Solver



Respectful



Responsible



Self-Control



Wise



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Adaptable

Able to adjust to different things, changes, and ideas

Fold Along Line



DISCUSSION QUESTIONS

- Can you think of a time when you had to adapt to a change? What happened?
- What strategies can help you stay positive during a change?
- How can being adaptable help you work and get along with others?



Brave

Not letting fear hold us back from trying new things, hard things, or making good choices

Fold Along Line



DISCUSSION QUESTIONS

- What is something you did even though it felt hard or scary?
- When have you stood up for yourself or someone else?
- What are some ways you can show bravery in your everyday life?



Citizen

A member of a
group or community

Fold Along Line



DISCUSSION QUESTIONS

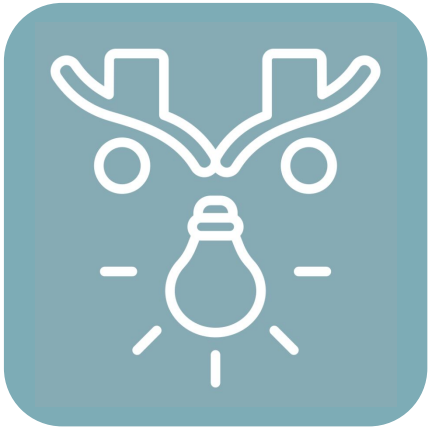
- How can you help make your school or neighborhood a better place?
- How can you take care of shared spaces, like a park, library, or classroom?
- Why is it important to follow rules that help keep everyone safe?



Collaborator

Works well with others to complete a job or task

Fold Along Line



DISCUSSION QUESTIONS

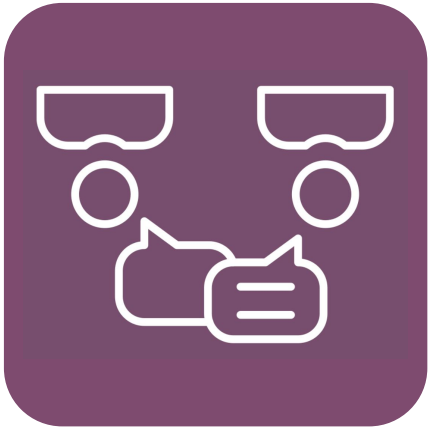
- What does a good teammate do to help everyone succeed?
- How can you solve a problem when your group has different ideas?
- What is one way you can help everyone feel included on a team?



Communicator

Shares ideas and information with others

Fold Along Line



DISCUSSION QUESTIONS

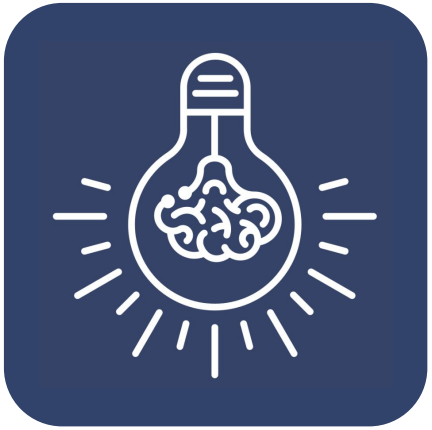
- How can you show someone that you are listening?
- How can your words and actions show respect when communicating?
- Why is it important to think before you speak?



Creative

Solves problems with new and innovative ideas and solutions

Fold Along Line



DISCUSSION QUESTIONS

- When has thinking differently helped you solve a problem?
- When do you feel most creative?
- Why is it helpful when people share different ideas while solving problems?



Critical Thinker

Looks carefully at information and organizes their thoughts and ideas

Fold Along Line



DISCUSSION QUESTIONS

- What questions can you ask to decide if information is trustworthy?
- How can checking facts help you make better choices?
- How can listening to different ideas help you understand something better?



Curious

Asks questions to know and learn, or to try something new

Fold Along Line



DISCUSSION QUESTIONS

- What is a question you would love to find the answer to?
- How can curiosity help you become a better learner?
- How has asking questions helped you discover something new?



Dreamer

One who imagines possibilities

Fold Along Line



DISCUSSION QUESTIONS

- What is one dream you have for yourself, and why is it important to you?
- How can your ideas make the world a better place?
- What can you do when challenges get in the way of your dreams?



Goal Setter

One who sets and accomplishes goals

Fold Along Line



DISCUSSION QUESTIONS

- What is one goal you are excited to work toward?
- How can breaking a big goal into smaller steps help you succeed?
- How can you celebrate progress, even when you have not finished yet?



Grateful

Feeling thankful for good things in your life or for what others have done for you

Fold Along Line



DISCUSSION QUESTIONS

- How can noticing the good things in your life change your day?
- Who is someone you appreciate, and how can you show them?
- How can gratitude help you notice the positive things around you?



Growth Mindset

A belief that you can grow and improve

Fold Along Line



DISCUSSION QUESTIONS

- What is something you have improved at through practice?
- What can you learn from a challenge that did not go as planned?
- How can you celebrate effort and progress, not just success?



Happy

A feeling of warmth, comfort, safety, and joy

Fold Along Line



DISCUSSION QUESTIONS

- Who are the people that help you feel joyful and cared for?
- What kinds of moments bring you happiness that lasts longer than just a few minutes?
- How do feelings of safety and belonging help you feel happy?



Healthy

Learning about and taking care of your physical body

Fold Along Line



DISCUSSION QUESTIONS

- What healthy habits help you feel your best?
- How can you listen to your body's needs?
- How can taking care of your body help you enjoy the activities you love?



Honest

Telling the truth with words and actions

Fold Along Line



DISCUSSION QUESTIONS

- Why is telling the truth important, even when it is hard?
- How can admitting mistakes show honesty?
- How does honesty help build friendships and trust?



Humble

You realize you cannot do everything on your own and know that we all need help

Fold Along Line



DISCUSSION QUESTIONS

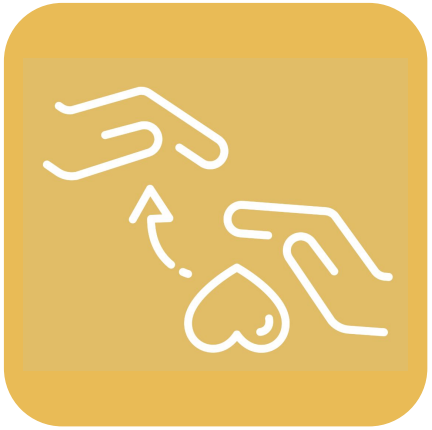
- What is something you could not have done without someone's help?
- How can accepting help, help you grow?
- How can you be confident while also recognizing that you need others?



Kind

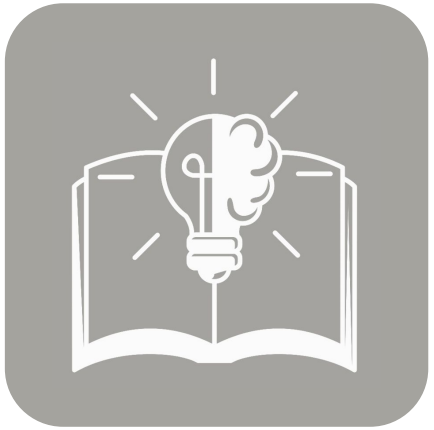
Doing and saying nice things, being a good friend

Fold Along Line



DISCUSSION QUESTIONS

- What is one act of kindness someone has shown you that you still remember?
- How can you use kindness to help people feel included?
- How has kindness helped you make a new friend?



Loves Learning

Mindset that is curious, asks questions, and loves to learn about new things

Fold Along Line



DISCUSSION QUESTIONS

- What makes learning exciting for you?
- What is something new you have learned that you found interesting?
- How can trying new experiences help you learn and grow?



Perseverant

Keeps trying, even
when things get hard

Fold Along Line



DISCUSSION QUESTIONS

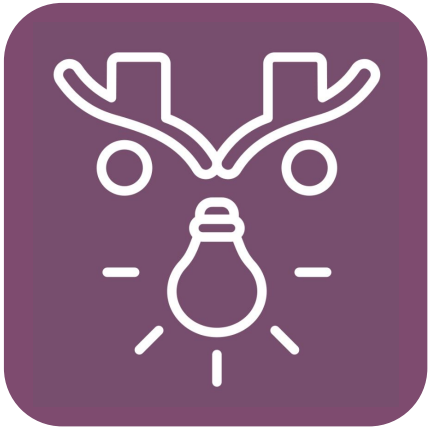
- What is something you accomplished because you kept trying?
- How can practice help you improve?
- What helps you keep going when you feel frustrated?



Problem Solver

Plans, communicates, and comes up with new ideas and solutions

Fold Along Line



DISCUSSION QUESTIONS

- How can making a plan help you solve a problem?
- How can other people's ideas help you find solutions?
- What is a problem you solved that made you proud?



Respectful

Treats others with kindness, celebrates how we are the same and different

Fold Along Line



DISCUSSION QUESTIONS

- What can you learn from someone whose experiences are different from yours?
- How can listening help you show respect?
- What can you do when someone feels left out?



Responsible

Doing what you say you will do, being dependable and prepared

Fold Along Line



DISCUSSION QUESTIONS

- Why is it important to do what you say you will do?
- What does it look like to follow through on a commitment?
- How have you shown your team or group that you are responsible?



Self-Control

Manages thoughts, emotions, words, and actions

Fold Along Line



DISCUSSION QUESTIONS

- How can you manage your thoughts, feelings, words, and actions?
- What strategies help you stay calm when you are upset?
- What does self-control look like in the classroom, at home, or with friends?



Wise

Thinks before acting and makes good choices

Fold Along Line



DISCUSSION QUESTIONS

- How can taking time to think help you make better choices?
- When have you made a choice you were proud of?
- Why is it important to think about consequences?

CHARACTER TRAITS

Adaptable



Brave



Citizen



Collaborator



Communicator



Creative



Critical Thinker



Curious



Dreamer



Goal Setter



Grateful



Growth Mindset



Happy



Healthy



Honest



Humble



Kind



Loves Learning



Perseverant



Problem Solver



Respectful



Responsible



Self-Control



Wise



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Adaptable

Able to adjust to different things, changes, and ideas

Fold Along Line



DISCUSSION QUESTIONS

- How can you handle a situation when things do not go as planned?
- Why is it important to be open to new ideas and different ways of doing things?
- How has being adaptable helped you overcome a challenge?



Brave

Not letting fear hold us back from trying new things, hard things, or making good choices

Fold Along Line



DISCUSSION QUESTIONS

- What is a challenge you faced that helped you become stronger?
- When is it important to speak up for yourself or others?
- How can you act bravely even when you feel afraid?



Citizen

A member of a
group or community

Fold Along Line



DISCUSSION QUESTIONS

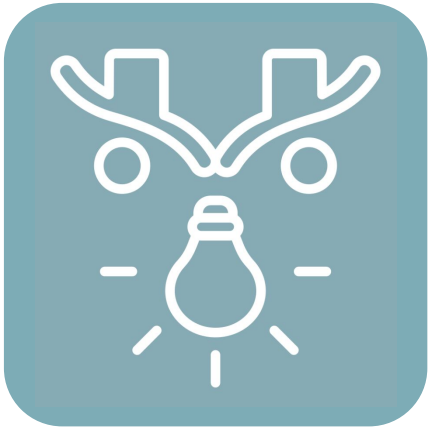
- What does it mean to be a good member of your community?
- How can you take care of shared spaces, like a park, library, or classroom?
- What is one way you can make a positive difference in your community?



Collaborator

Works well with others to complete a job or task

Fold Along Line



DISCUSSION QUESTIONS

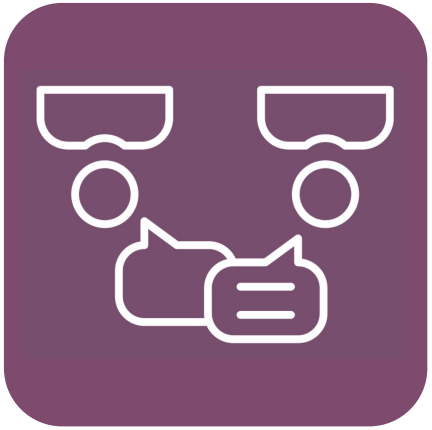
- What makes a team or collaboration successful?
- How do you handle disagreements when working with others?
- What role do you often take when working on a team?



Communicator

Shares ideas and information with others

Fold Along Line



DISCUSSION QUESTIONS

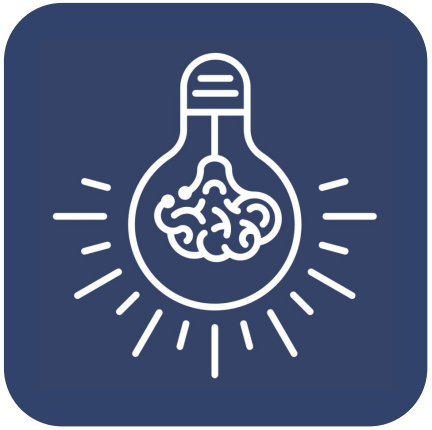
- How do you know when someone is truly listening to you?
- When is it challenging to share your thoughts or feelings?
- How can you communicate respectfully when you disagree with someone?



Creative

Solves problems with new and innovative ideas and solutions

Fold Along Line



DISCUSSION QUESTIONS

- How can trying a new approach lead to a better solution?
- Why is it valuable to have ideas that are different from others?
- How do you use creativity to solve problems in your life?



Critical Thinker

Looks carefully at information and organizes their thoughts and ideas

Fold Along Line



DISCUSSION QUESTIONS

- How do you decide if information is reliable?
- Why is it important to look carefully at information before making a decision?
- How can considering different perspectives help you better understand a situation?



Curious

Asks questions to know and learn, or to try something new

Fold Along Line



DISCUSSION QUESTIONS

- How can curiosity help you discover new interests or opportunities?
- How can being curious make your everyday life more interesting?
- What questions do you wish adults would ask you more often?



Dreamer

One who imagines possibilities

Fold Along Line



DISCUSSION QUESTIONS

- What inspires your biggest dreams?
- How can your ideas and passions help create positive change?
- What challenges might you face while working toward a dream, and how can you overcome them?



Goal Setter

One who sets and accomplishes goals

Fold Along Line



DISCUSSION QUESTIONS

- What makes a goal meaningful to you?
- What can you do if you feel like giving up on a goal?
- How do you celebrate progress as you work toward a goal?



Grateful

Feeling thankful for good things in your life or for what others have done for you

Fold Along Line



DISCUSSION QUESTIONS

- How does practicing gratitude affect the way you see your life?
- Why is it important to appreciate people around you?
- How can showing gratitude strengthen your relationships?



Growth Mindset

A belief that you can grow and improve

Fold Along Line



DISCUSSION QUESTIONS

- Why is it important to believe your abilities can grow with effort and practice?
- How can your mindset affect the way you respond to challenges?
- How can focusing on effort and progress help you continue improving?



Happy

A feeling of warmth, comfort, safety, and joy

Fold Along Line



DISCUSSION QUESTIONS

- When do you feel the most joyful and connected to others?
- How is happiness connected to feelings of comfort, safety, and belonging?
- What things might seem like they bring happiness but do not create lasting joy?



Healthy

Learning about and taking care of your physical body

Fold Along Line



DISCUSSION QUESTIONS

- How do your sleep, nutrition, and activity choices affect your overall health?
- How can you listen to your body's needs?
- How can healthy habits today help you as you grow older?



Honest

Telling the truth with words and actions

Fold Along Line



DISCUSSION QUESTIONS

- How does honesty influence the trust people have in you?
- When can telling the truth be challenging?
- How can you be honest while still being thoughtful and kind?



Humble

You realize you cannot do everything on your own and know that we all need help

Fold Along Line



DISCUSSION QUESTIONS

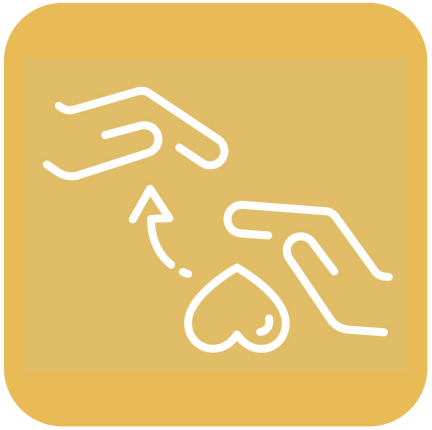
- How can accepting help make you stronger?
- What can you learn from people who have different skills or experiences?
- What might happen if you think you have to do everything alone?



Kind

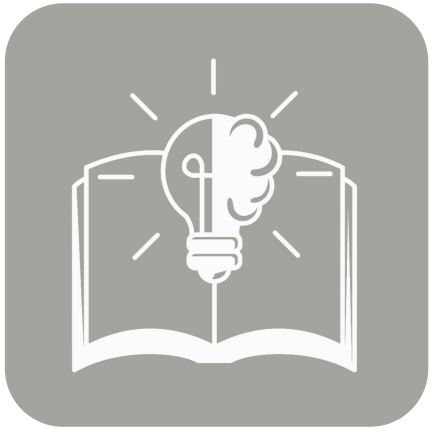
Doing and saying nice things, being a good friend

Fold Along Line



DISCUSSION QUESTIONS

- Why is it important to be kind, even when others are not?
- What can you do if you notice someone feeling left out?
- How can small acts of kindness make a big difference?



Loves Learning

Mindset that is curious, asks questions, and loves to learn about new things

Fold Along Line



DISCUSSION QUESTIONS

- What motivates you to learn about a topic that interests you?
- What is a topic you could spend hours learning about?
- How can learning from others expand your understanding?



Perseverant

Keeps trying, even
when things get hard

Fold Along Line



DISCUSSION QUESTIONS

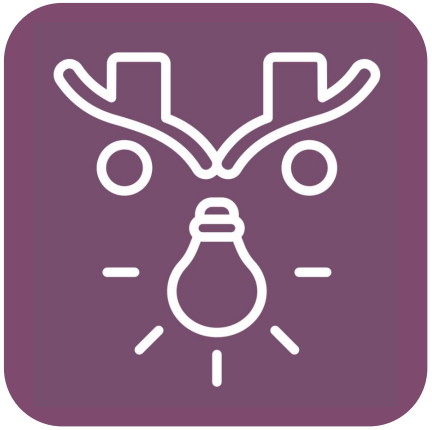
- What helps you keep going when you feel frustrated?
- What can you learn from a challenge that takes a long time to solve?
- Why is it important to finish what you start?



Problem Solver

Plans, communicates, and comes up with new ideas and solutions

Fold Along Line



DISCUSSION QUESTIONS

- How do you approach solving a complex problem?
- How can collaboration lead to stronger solutions?
- How can breaking a big problem into smaller parts make it easier to solve?



Respectful

Treats others with kindness, celebrates how we are the same and different

Fold Along Line



DISCUSSION QUESTIONS

- How can you create a spaces where people feel valued and included?
- What does respect look like during a disagreement?
- How can you show respect for yourself and others at the same time?



Responsible

Doing what you say you will do, being dependable and prepared

Fold Along Line



DISCUSSION QUESTIONS

- How have you taken ownership of something that is your responsibility?
- What can you do if you forget a responsibility?
- How can planning ahead help you be more responsible?



Self-Control

Manages thoughts, emotions, words, and actions

Fold Along Line



DISCUSSION QUESTIONS

- How can self-control help you handle challenging situations?
- How do your thoughts and emotions affect your actions?
- What strategies help you respond instead of react?



Wise

Thinks before acting and makes good choices

Fold Along Line



DISCUSSION QUESTIONS

- What questions can you ask yourself before making a decision?
- How can past experiences help you make wiser choices?
- How do you decide what choice is best in a difficult situation?