2026-27 Elementary SCOPE & SEQUENCE

UNIT 1: CONDITIONS & CONNECTIONS

SKILLS FOR THRIVING
A: 01: Maslow's Pyramid
B: 01: Well-Being

DISCOVERING SELF
A: 02: Self- Awareness
B: 02: Celebrating My Strengths

CONNECTED COMMUNITY
A: 03: Connection
B: 03: Strengths of Others

UNIT 2: PHYSICAL WELL-BEING

SAFE INSIDE & OUT
A: 04:Physical Safety
B: 04: Psychological Safety

STAND UP, STAND STRONG
A: 05: Bully Prevention
B: 05: Mind & Body Drug Free

CARING FOR MY BODY
A: 06: Conditions of Well-Being
B: 06: Self-Care & Hygiene

HEALTHY HABITS
A: 07: Nutrition
B: 07: Exercise

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UNIT 3: SOCIAL WELL-BEING

CARING RELATIONSHIPS
A: 08: Kindness & Friendship
B: 08: Empathy

COMMUNICATING TO CONNECT
A: 09: Communication
B: 09: Active Listening

RESPECT IN ACTION
A: 10: Respect for Others
B: 10: Respecting Personal Space

WORKING TOGETHER
A: 11: Collaboration
B: 11: Conflict Resolution

INTENTIONAL CHOICES
A: 12: Power of Words
B: 12: Choices & Consequences

UNIT 4: EMOTIONAL WELL-BEING

RECOGNIZE & REGULATE
A: 13: Emotional Awareness
B: 13: Emotional Regulation

STRESS MANAGEMENT
A: 14: Managing Stress
B: 14: Coping Strategies

POSITIVE HABITS
A: 15: Happiness
B: 15: Gratitude

ADAPT & THRIVE
A: 16: Embracing Change
B: 16: Navigating Uncertainty

UNIT 5: MENTAL WELL-BEING

BELIEF IN SELF
A: 17: Growth Mindset
B: 17: Self-Efficacy

CHALLENGES TO CHAMPIONS
A: 18: Personal Excellence
B: 18: Self-Compassion

PLAN FOR SUCCESS
A: 19: Goal Setting
B: 19: Lifelong Learning

UNIT 6: ACADEMIC WELL-BEING

THE THINKING EDGE
A: 20: Critical Thinking
B: 20: Perspective Taking

INNOVATE & SOLVE
A: 21: Problem Solving
B: 21: Deep Learning

STRUCTURE & FOCUS
A: 22: Time Management
B: 22: Organization

TOOLS FOR ACADEMIC SUCCSS
A: 23: Executive Function
B: 23: Test Preparation

LEARNING WITH PURPOSE
A: 24: Feedback
B: 24: Motivation

UNIT 7: CHARACTER & CITIZENSHIP

CHARACTER IN ACTION
A: 25: Character Traits
B: 25: Honesty & Integrity

CONFIDENT ACCOUNTABILITY
A: 26: Courage
B: 26: Responsibility

LEADING THROUGH CHALLENGE
A: 27: Leadership
B: 27: Resilience & Perseverance

STRONG INFLUENCE
A: 28 Digital Citizenship
B: 28 Positive Peer Impact

CITIZENSHIP IN ACTION
A: 29: Civic Roles
B: 29: Making a Difference

2026-27 Secondary SCOPE & SEQUENCE

UNIT 1: CONDITIONS & CONNECTIONS

SKILLS FOR THRIVING
01: Maslow's Hierarchy
02: Well-Being

DISCOVERING SELF
03: Self- Awareness
04: Celebrating My Strengths

CONNECTED COMMUNITY
05: Connection
06: Strengths of Others

UNIT 2: PHYSICAL WELL-BEING

SAFE INSIDE & OUT
07:Physical Safety
08: Psychological Safety

STAND UP, STAND STRONG
09: Bully Prevention
10: Mind & Body Drug Free

CARING FOR MY BODY
11: Conditions of Well-Being
12: Self-Care & Hygiene

HEALTHY HABITS
13: Nutrition
14: Exercise

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UNIT 3: SOCIAL WELL-BEING

CARING RELATIONSHIPS
15: Kindness & Friendship
16: Empathy

COMMUNICATING TO CONNECT
17: Communication
18: Active Listening

RESPECT IN ACTION
19: Respect for Others
20: Respecting Personal Space

WORKING TOGETHER
21: Collaboration
22: Conflict Resolution

INTENTIONAL CHOICES
23: Power of Words
24: Choices & Consequences

UNIT 4: EMOTIONAL WELL-BEING

RECOGNIZE & REGULATE
25: Emotional Awareness
26: Emotional Regulation

STRESS MANAGEMENT
27: Managing Stress
28: Coping Strategies

POSITIVE HABITS
29: Happiness
30: Gratitude

ADAPT & THRIVE
31: Embracing Change
32: Navigating Uncertainty

UNIT 5: MENTAL WELL-BEING

BELIEF IN SELF
33: Growth Mindset
34: Self-Efficacy

CHALLENGES TO CHAMPIONS
35: Personal Excellence
36: Self-Compassion

PLAN FOR SUCCESS
37: Goal Setting
38: Lifelong Learning

UNIT 6: ACADEMIC WELL-BEING

THE THINKING EDGE
39: Critical Thinking
40: Perspective Taking

INNOVATE & SOLVE
41: Problem Solving
42: Deep Learning

STRUCTURE & FOCUS
43: Time Management
44: Organization

TOOLS FOR ACADEMIC SUCCSS
45: Executive Function
46: Test Preparation

LEARNING WITH PURPOSE
47: Feedback
48: Motivation

UNIT 7: CHARACTER & CITIZENSHIP

CHARACTER IN ACTION
A: 49: Character Traits
B: 50: Honesty & Integrity

CONFIDENT ACCOUNTABILITY
A: 51: Courage
B: 52: Responsibility

LEADING THROUGH CHALLENGE
A: 53: Leadership
B: 54: Resilience & Perseverance

STRONG INFLUENCE
A: 55 Digital Citizenship
B: 56 Positive Peer Impact

CITIZENSHIP IN ACTION
A: 57: Civic Roles
B: 58: Making a Difference