

Texas

Positive Character Traits & Personal Skills



Texas Trait or Skill	In Focus Lessons	
Trustworthiness: Honesty, integrity, loyalty, punctuality, & reliability	• Honesty & Integrity • Responsibility • Character Traits • Choices & Consequences • Time Management • Organization • Executive Function • Leadership	• Civic Roles • Digital Citizenship • Goal Setting • Courage • Feedback • Positive Peer Impact • Critical Thinking
Responsibility: Accountability, diligence, perseverance, self-control, & self-management	• Responsibility • Executive Function • Resilience & Perseverance • Self-Efficacy • Goal Setting • Choices & Consequences • Personal Excellence • Growth Mindset • Emotional Regulation • Time Management • Organization • Motivation • Feedback • Courage • Character Traits • Self Awareness • Managing Stress • Coping Strategies • Lifelong Learning • Leadership	• Emotional Awareness • Self-Care & Hygiene • Well-Being • Conditions of Well-Being • Maslow's Pyramid • Navigating Uncertainty • Embracing Change • Deep Learning • Test Preparation • Honesty & Integrity • Digital Citizenship • Positive Peer Impact • Power of Words • Active Listening • Connection • Strengths of Others • Mind & Body Drug Free • Nutrition • Exercise

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Caring: Interpersonal skills, including charity, compassion, consideration, cooperation, empathy, generosity, kindness, & patience	• Empathy • Kindness & Friendship • Collaboration • Respect for Others • Active Listening • Connection • Communication • Perspective Taking • Positive Peer Impact • Making a Difference • Conflict Resolution • Strengths of Others • Respecting Personal Space	• Bully Prevention • Gratitude • Feedback • Emotional Awareness • Emotional Regulation • Power of Words • Choices & Consequences • Psychological Safety • Digital Citizenship • Self Awareness • Celebrating My Strengths • Happiness • Physical Safety
Good Citizenship: Concern for the common good community; respect for authority, law, justice, and the rights of others; free from prejudice; having gratitude and school pride; being courteous, fair, and patriotic; & making responsible decisions	• Civic Roles • Making a Difference • Responsibility • Choices & Consequences • Respect for Others • Leadership • Character Traits • Empathy • Collaboration • Positive Peer Impact • Conflict Resolution • Courage • Gratitude	• Honesty & Integrity • Perspective Taking • Communication • Active Listening • Digital Citizenship • Critical Thinking • Power of Words • Kindness & Friendship • Feedback • Problem Solving • Respecting Personal Space • Psychological Safety • Physical Safety