

Kansas

Social-Emotional Character Development Standards



CHARACTER DEVELOPMENT: Developing skills to help students identify, define and live in accordance with core principles that aid in effective problem-solving and responsible decision-making

Kansas Standards	In Focus Lessons	
I. Core Principles		
1A. Understand and good character	• Character Traits • Honesty & integrity	• Digital Citizenship
1B. Put good character into action and lead by example	• Choices & Consequences • Courage • Responsibility • Leadership	• Resilience & Perseverance • Positive Peer Impact • Civic Roles • Making a Difference
1C. Create a caring community	• Connection • Kindness & Friendship • Empathy • Communication • Active Listening • Respect for Others	• Respecting Personal Space • Collaboration • Conflict Resolution • Power of Words • Digital Citizenship
II. Responsible Decision-Making and Problem-Solving		
1A. Develop, implement and model responsible decision-making skills	• Physical Safety • Psychological Safety • Respecting Personal Space • Power of Words	• Choices & Consequences • Responsibility • Civic Roles • Making a Difference
1B. Develop, implement and model effective problem-solving skills	• Conflict Resolution • Emotional Awareness • Emotional Regulation	• Critical Thinking • Perspective Taking • Problem Solving

Kansas

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PERSONAL DEVELOPMENT: Developing skills that help students identify, understand and effectively manage and regulate their thoughts, mindsets, feelings and behaviors

Kansas Standards

In Focus Lessons

I. Self-Awareness

1A. Understand and analyze thoughts, mindsets and emotions

- Emotional Awareness
- Emotional Regulation
- Managing Stress
- Coping Strategies

- Navigating Uncertainty
- Growth Mindset
- Self-Efficacy
- Self-Compassion

1B. Identify and assess personal qualities and external supports

- Self Awareness
- Celebrating My Strengths
- Personal Excellence
- Character Traits

- Courage
- Responsibility
- Leadership
- Resilience & Perseverance

II. Self-Management

2A. Managing and regulating thoughts and behaviors

- Maslow's Pyramid
- Well-Being
- Conditions of Well-Being
- Self-Care & Hygiene
- Nutrition
- Mind & Body Drug Free

- Exercise
- Choices & Consequences
- Managing Stress
- Coping Strategies
- Resilience & Perseverance

2B. Reflect on perspectives and emotional responses

- Self Awareness
- Happiness
- Gratitude

- Embracing Change
- Navigating Uncertainty
- Self-Compassion

2C. Set, monitor, adapt and evaluate goals to achieve in school and life

- Growth Mindset
- Self-Efficacy
- Personal Excellence
- Goal Setting
- Lifelong Learning
- Deep Learning

- Time Management
- Organization
- Executive Function
- Test Preparation
- Motivation
- Responsibility

Kansas

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SOCIAL DEVELOPMENT: Developing skills that establish and maintain positive relationships and enable communication with others in various settings and situations

Kansas Standards

In Focus Lessons

I. Social Awareness

1A. Recognize the thoughts, feelings and perspective of others

- Connection
- Strengths of Others
- Bully Prevention
- Kindness & Friendship
- Empathy

- Emotional Awareness
- Perspective Taking
- Positive Peer Impact

1B. Demonstrate awareness of cultural issues and a respect for human dignity and differences

- Strengths of Others
- Bully Prevention
- Empathy

- Respect for Others
- Power of Words
- Perspective Taking

II. Interpersonal Skills

2A. Demonstrate communication and social skills to interact effectively

- Kindness & Friendship
- Communication
- Active Listening
- Respect for Others
- Respecting Personal Space

- Collaboration
- Conflict Resolution
- Power of Words
- Feedback
- Digital Citizenship
- Positive Peer Impact

2B. Reflect on perspectives and emotional responses

- Communication
- Respecting Personal Space
- Collaboration

- Power of Words
- Positive Peer Impact
- Digital Citizenship

2C. Set, monitor, adapt and evaluate goals to achieve in school and life

- Communication
- Conflict Resolution
- Power of Words
- Choices & Consequences

- Emotional Awareness
- Emotional Regulation
- Perspective Taking