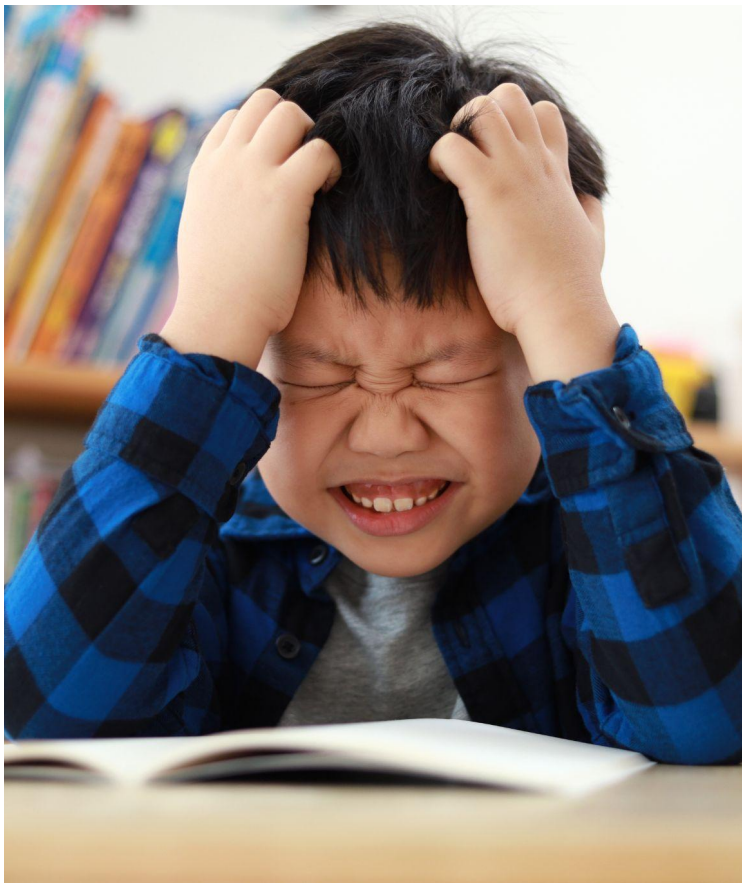




**The room is starting to feel loud.
You are feeling overwhelmed
and have the thought to run out
of the classroom.**



**Someone bumped into you. It
was an accident, but you feel
really upset and start raising
your arms to push them back.**



You become frustrated on a school assignment. You feel like crumpling up your paper, throwing it on the ground, and shouting.



Your teacher did not call on you to share even though you were raising your hand. You feel sad and are thinking about hiding under your desk.



Your teacher asked you to work with a partner counting objects. You did not get to choose your partner and are thinking about not working at all.



You are really missing your family. You want to yell, cry, and demand that you see them now.