

**SCENARIO #1**

**A friend helped you study for a test that you were dreading.**

**SCENARIO #2**

**A family member made you a special meal after a long day.**

**SCENARIO #3**

**A teacher went out of their way to offer extra help on a project.**

**SCENARIO #4**

**A teammate cheered you on when you were about to give up.**

**SCENARIO #5**

**A peer gives you a genuine compliment that makes your day.**

**SCENARIO #6**

**Your sister does one of your chores because she knows how stressed you have been.**

**SCENARIO #7**

**A classmate stays late to help you finish a tough assignment for class.**

**SCENARIO #8**

**Someone you do not know well helps you find your missing headphone.**