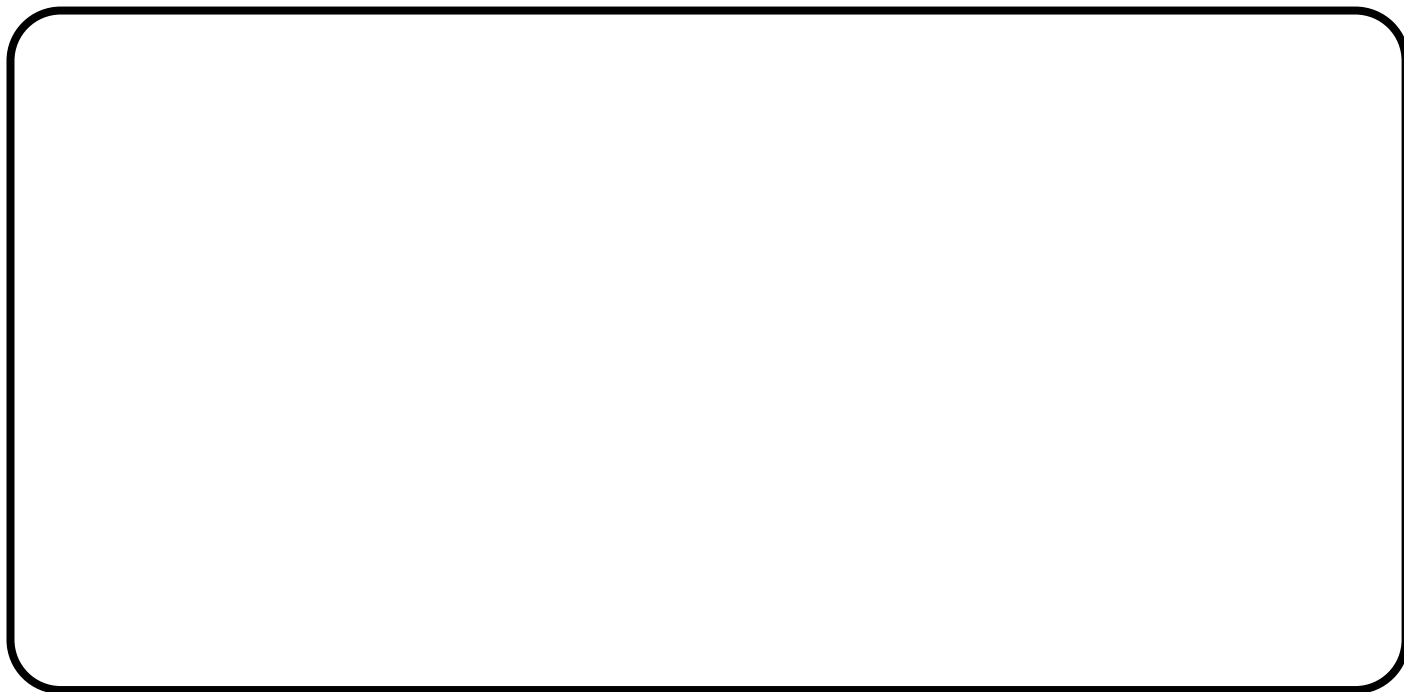


Name: \_\_\_\_\_

## 4 Steps to Gratitude

# I am grateful for...



I am grateful for this because \_\_\_\_\_

\_\_\_\_\_.

When I think about this, it makes me feel \_\_\_\_\_

\_\_\_\_\_.

Because I feel grateful, I can \_\_\_\_\_

\_\_\_\_\_.