

**You fail a quiz you  
studied for.**

**You are moving to a  
new house.**

**You did not get  
invited to a  
birthday party.**

**Your parent started  
a new job and is not  
home as often.**

**You get picked last  
in gym class.**

**Your favorite  
teacher is leaving  
the school.**

**You are feeling  
nervous about  
middle school.**

**You forgot your lines  
during the school  
play.**

**Your best friend  
moved away.**

**You lost your  
favorite hat.**

**You have to switch  
to a new group for a  
class project.**

**You miss the  
bus and are  
late for school.**

**Your pet gets sick.**

**Your weekend  
plans get canceled.**

**You and your friend  
are arguing.**

**You get a lower  
grade on a  
project you  
worked hard on.**