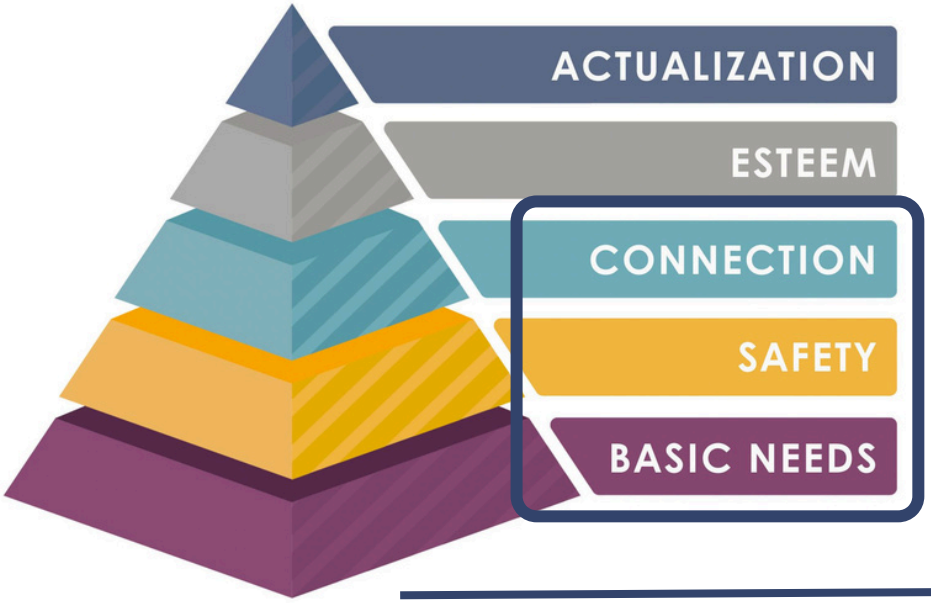
Creating the Conditions for Well-Being

Fundamental to the In Focus framework on well-being is Maslow's Hierarchy, which suggests a 5-tiered model of needs that must be satisfied in hierarchical order.



There are conditions that need to exist for students and teachers to **be their best selves and do their best work.** These conditions include the three lower levels of Maslow's Hierarchy.

Physiological needs include basic needs such as food, clothing, and shelter. These biological needs must be met in order to survive.

Safety includes knowing that you are not in physical harm or danger and that you are psychological safe to be yourself.

Feeling love, belonging, and connection to others is a universal human need.